

Tablet

Tendocare

**Chondroitin Sulfate 200 mg + Collagen type I 40 mg +
L-arginine 500 mg + Sodium hyaluronate 30 mg +
Vitamin C from Corn extract (Zea mays) 12.5 mg**

Description : Chondroitin Sulfate : Chondroitin helps keep cartilage healthy by absorbing fluid (particularly water) into the connective tissue. It also blocks enzymes that break down cartilage, and it provides the building blocks for the body to produce new cartilage.

Collagen type I : Type I collagen constitutes nearly 95% of the collagen substance of the bone and approximately 80% of the total proteins found in the bone. Type I collagen thus influences the mineralization of the bone and ultimately the strength of the bones & tendons.

L-arginine : An Amino acid, L-arginine inhibits arthritis, blocks osteoclast formation and protects from inflammatory bone loss erosion via switching energy metabolism from glycolysis to oxidative phosphorylation, leading to metabolic reprogramming of osteoclasts.

Sodium hyaluronate : Sodium hyaluronate can be used in the treatment of joint pain due to osteoarthritis in patients who have failed to respond adequately to simple painkillers or physical therapy and exercise.

Vitamin C from Corn extract : Also known as Zea mays, is an important nutrient for maintaining bone health. It is essential in the production of collagen in bone matrix. It also scavenges free radicals detrimental to bone health.

Composition : Each tablet contains Chondroitin Sulfate 200 mg + Collagen type I 40 mg + L-arginine 500 mg + Sodium hyaluronate 30 mg + Vitamin C from Corn extract (Zea mays) 12.5 mg & other ingredients.

Indication :

- * Tendinopathy
- * Rotator cuff tendinitis
- * Biceps tendinitis
- * Popliteus tendinopathy
- * Inflammatory tendinopathy
- * Achilles tendinopathy
- * Chronic tendinopathy
- * Tenosynovitis
- * Joint Stiffness
- * Joint pain
- * Calcium Deficiency
- * Osteoarthritis
- * Gout/pseudo gout
- * Age related joint disorder
- * Spondylitis
- * Arthritis & Rheumatoid Arthritis
- * Bone joint Injury
- * Degenerative joint disease

Dosage : 1 tablet 1-2 times daily or as directed by the reg. physician.

Drug Interaction : Does not interact with other medicines.

Side Effects : No Side effects in recommended dosage.

Contraindications : Contraindicated to the patients who have hypersensitivity to any ingredients of this medicine.

Pregnancy & Lactation : Only if doctor recommends.

Storage : Store at temperature below 30°C, protect from light & moisture.

Caution : Keep all medicine away from the reach of children.

Presentation :

3x10 tab. in alu-pvc/alu-alu blister/plastic container.

2x14 tab. in alu-pvc/alu-alu blister/plastic container.

2x15 tab. in alu-pvc/alu-alu blister/plastic container.

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